

POPULATION HEALTH IN TAMESIDE

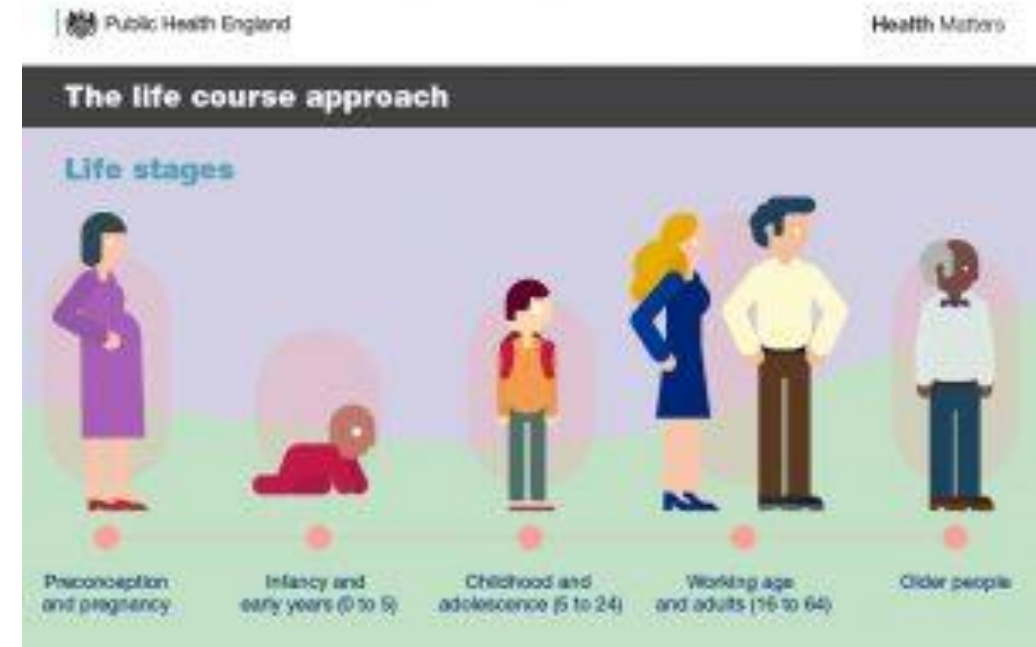
**Please note – the
content for this section
is being updated based
on the latest position
and will be updated
closer to the meeting.**

Health & Wellbeing Board
17 June 2021

James Mallion

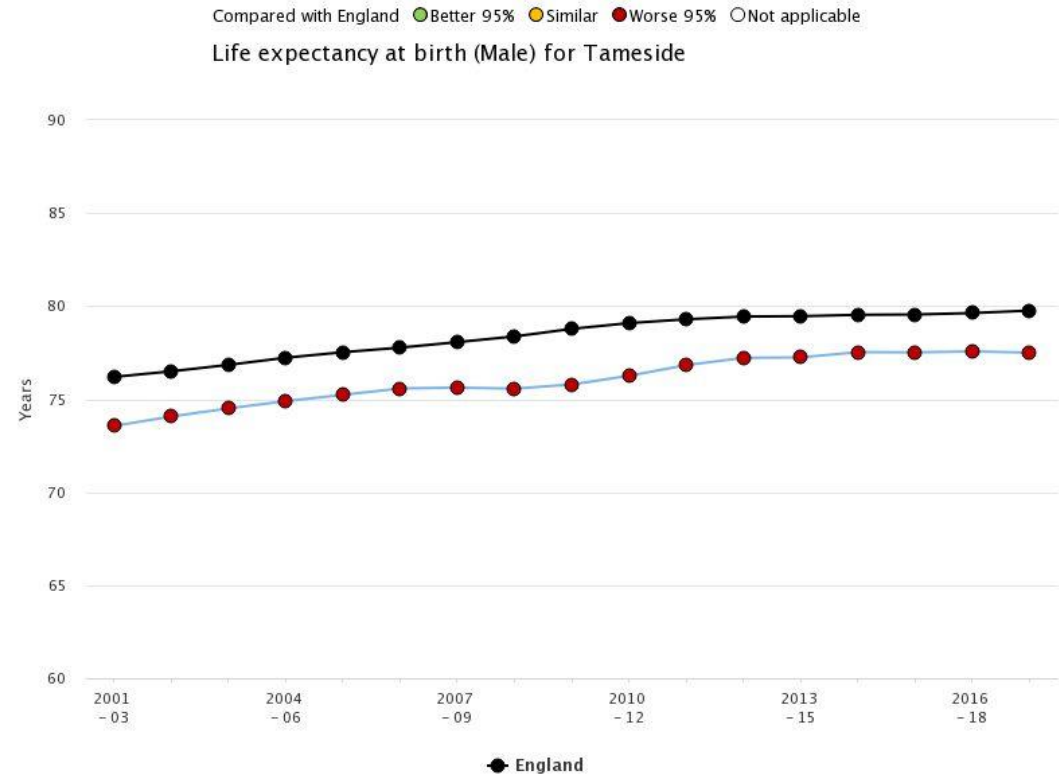
The Complex Nature of Life Expectancy and Population Health

- Influenced throughout the life course.
- Lots of different factors throughout life contribute to when and how you die.
- The health and care system is important, but only contributes about 25% to our health.
- The majority of our health is impacted by other factors of our lives, including the our start in life, place we live in, our education, job or income.



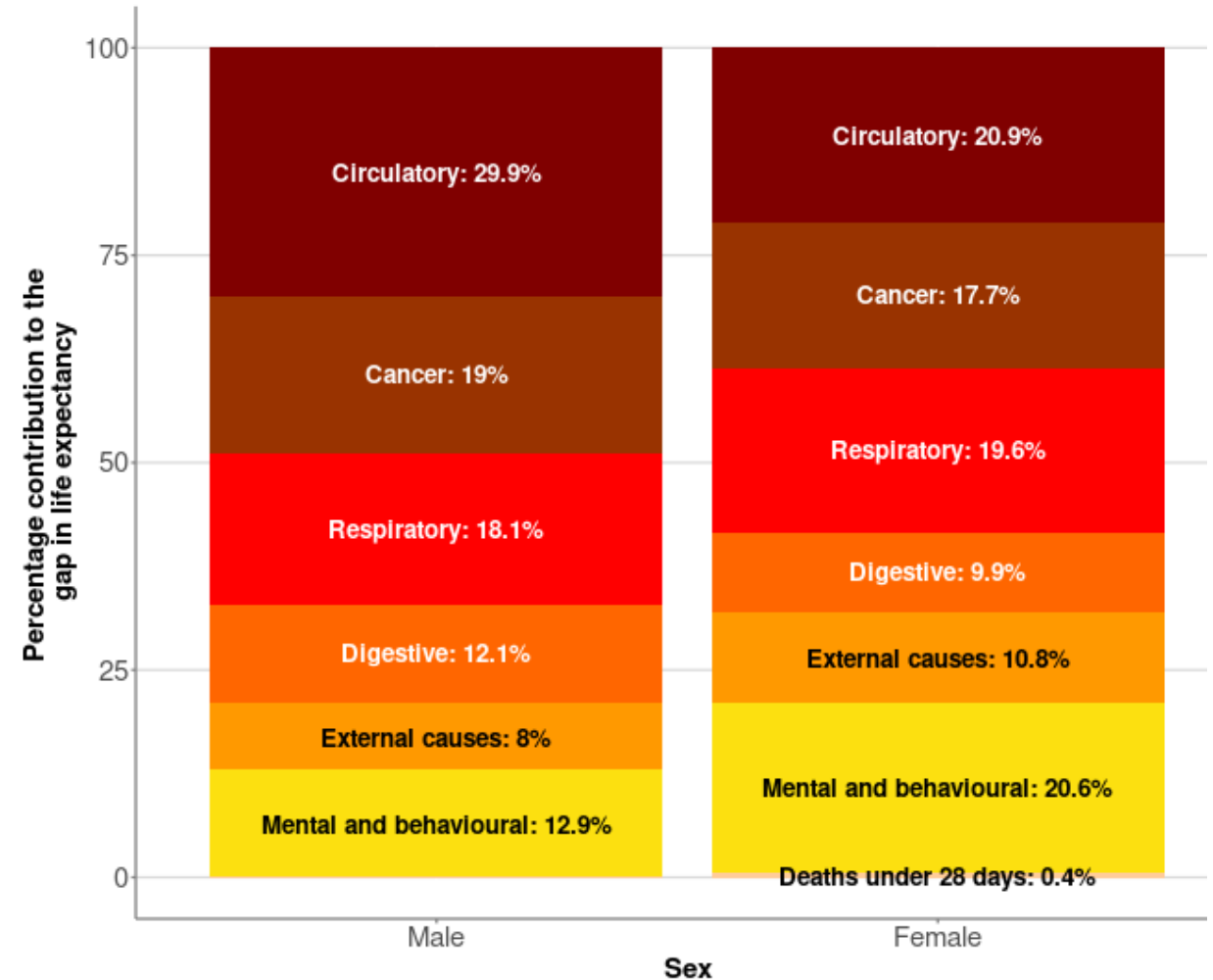
How Long Can You Expect to Live in Tameside?

- Life expectancy at birth in Tameside: 75.8 years for males, 80.5 years for females (2017/19) (England average=78.8 males: 82.9 females).
- People are living longer but not as long as England average and there are inequalities within Tameside.
- The inequality gap is not reducing.



Why are People Dying Younger in Tameside?

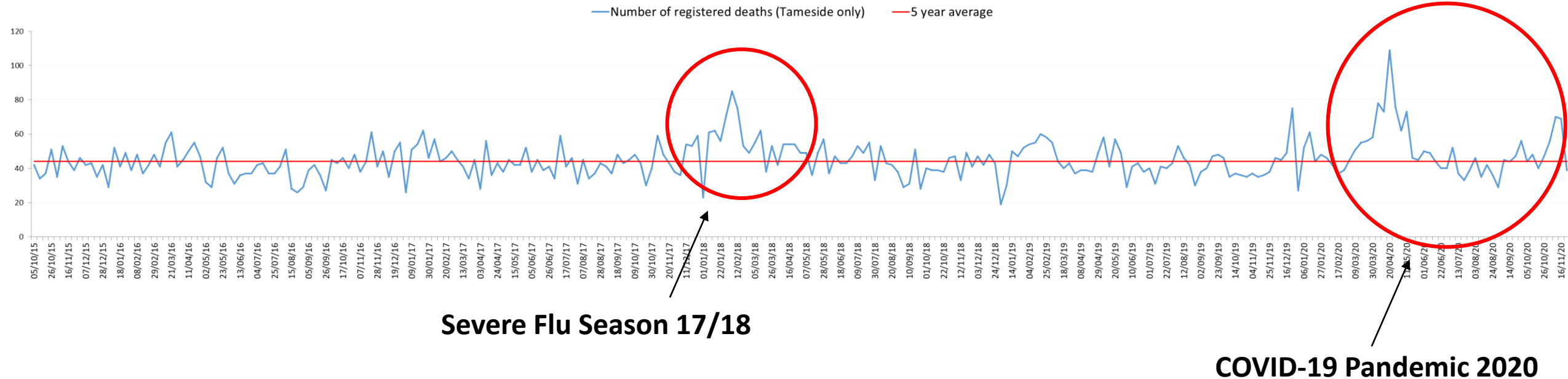
- People are dying younger from cardiovascular disease ('circulatory'), cancer and respiratory disease.
- Driven by high rates of people living with long term conditions due to smoking, obesity and poor nutrition, low physical activity.
- Treatments have improved and there has been some harm reduction through programmes to reduce salt/sugar content of food; reduce smoking rates etc. – but these risk factors still cause harm.



Contribution of different diseases to the life expectancy gap in Tameside – 2015/17 (Source: PHE)

The Link Between Population Health and Covid-19

- The ongoing, high impact of Covid-19 in Tameside is partly caused by the existing health inequalities our residents experience (enduring transmission).
- Covid-19 took advantage of existing poor population health in Tameside and as a result we have seen higher case rates and higher morbidity and mortality.
- Lots of people living with long term conditions and poor mental health (contributing to low healthy life expectancy).



Proposal – A Joint Strategic Needs Assessment to inform our work on Population Health in Tameside

To undertake further work to refine and develop the Joint Strategic Needs Assessment to provide a more detailed understanding of the population health issues in Tameside.

This work will:

- Inform the next phase of ICS development in Tameside, including at neighbourhood level.
- Engage with wider partners in the system (PCNs / ICFT / SEG).
- Focus on the key drivers of mortality and ill-health across the borough, to support the borough and neighbourhood understanding of priorities.